Inspirational Thoughts for Cancer Patients

Rev. Percy McCray
If you are a patient or a loved one impacted by cancer, it is a life-altering experience. A daily dose of inspiration can significantly impact your outlook, and can help to equip you for your cancer journey.

Wherever you are, the message is clear – don’t give up. We’re delighted to provide this collection of inspiring quotes and Scriptures to inject fresh hope into your spirit and bless you to be a blessing to others.
Courage and Boldness

“You gain strength, courage, and confidence by every experience in which you really stop to look fear in the face. You must do the thing which you think you cannot do.” — Eleanor Roosevelt

“Courage is not the absence of fear, but rather the judgment that something else is more important than fear.” — Ambrose Redmoon

“Optimism is the foundation of courage.” — Nicholas Murray Butler

“The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at a time of challenge and controversy.” — Dr. Martin Luther King Jr.

“Fear not, for I am with you, be not dismayed for I am your God; I will strengthen you, I will help you, I will uphold you with my victorious right hand.” — Isaiah 41:10
“Feed your faith and your fears will starve to death.” — Anonymous

“He gives power to the faint, and to him who has no might he increases strength.” — Isaiah 40:29

“Now faith is confidence in what we hope for and assurance about what we do not see.” — Hebrews 11:1

“When my father and my mother forsake me, then the Lord will take me up.” — Psalm 27:10

“And remember, I am with you always, to the end of the age.” — Matthew 29:20

“Hope is not the conviction that something will turn out well, but the certainty that something makes sense regardless of how it turns out.” — Barbara Johnson

“For I am sure that neither death, nor life, nor angels, nor principalities, nor things present, nor things to come, nor powers, nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.” — Romans 8:38-39
“Some days there won’t be a song in your heart. Sing anyway.” – Emory Austin

“When you come to the end of your rope, tie a knot and hang on.” – Franklin D. Roosevelt

“Time is shortening. But every day that I challenge this cancer and survive is a victory for me.” – Ingrid Bergman
“Cancer is a word, not a sentence.” – John Diamond

“You can be a victim of cancer, or a survivor of cancer. It’s a mindset.” – Dave Pelzer

“You never know how strong you are until being strong is the only choice you have”. – Cayla Mills

“Attitude is a little thing that makes a big difference.” – Winston Churchill

“Always remember that your present situation is not your final destination.” – Anonymous

“Man always travels along precipices. His truest obligation is to keep his balance.” – Pope John Paul II
“Life isn’t about waiting for the storm to pass— It’s about learning how to dance in the rain.”
— Anonymous

“So be truly glad! There is wonderful joy ahead, even though the going is rough for a while down here.” — Peter 1:6

“May you be strengthened with all power, according to his glorious might for all endurance and patience with joy.” — Colossians 1:11
Cancer is so limited...
It cannot cripple love.
It cannot shatter hope.
It cannot corrode faith.
It cannot eat away peace.
It cannot destroy confidence.
It cannot kill friendship.
It cannot shut out memories.
It cannot silence courage.
It cannot reduce eternal life.
It cannot quench the Spirit.
— Author unknown
About Reverend Percy McCray

Rev. Percy McCray Jr. has spent more than 20 years ministering to cancer patients and their caregivers at Cancer Treatment Centers of America® (CTCA).

He recognizes cancer care ministry as a special calling from God and considers faith a key, but often overlooked, component of cancer treatment. He now serves as the Director of Faith-Based Programs at CTCA® and provides leadership to the pastoral care staff at all five CTCA hospitals. In addition, Rev. McCray oversees Our Journey of Hope®, a nationwide cancer-care ministry training and support program.

An ordained minister, Rev. McCray is a member of the U.S. Chaplain Association. He has been recognized as one of the “most influential African Americans in Lake County (IL)” by the Chicago People’s Voice newspaper for his religious and leadership roles within the community.
Health, Hope & Inspiration is a weekly radio podcast, sponsored by Cancer Treatment Centers of America® (CTCA), designed to help people find answers to questions about cancer, cancer prevention and overall healthy living. One of the greatest gifts a person can enjoy is good health. A well-rounded lifestyle is the product of physical, emotional and spiritual health. These three things are interdependent, and that is the message of Health, Hope & Inspiration, as well as the basis of the integrative approach at CTCA®.

For more information, visit our website at www.HealthHopeAndInspiration.com.

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